

IN THE SPECIFICATION

Please replace the Abstract submitted with the Substitute Specification of the Amendment filed February 10, 2009 with the following:

An insulating panel including an integrated assembly system allowing the panel and at least one other complementary panel to be assembled in at least one dimension in space. The panel and its assembly system are of a form that, when the panel and complementary panel are assembled, they delimit with their assembly system at least one cavity suitable for housing a seal, the cavity widening at least partly towards the inside of the panel.